

SINGLE PARADIDDLE

A

R l r r L r l l

OUTWARD

1

r L r l l R l r

REVERSE

2

r r L r l l R l

INWARD

3

r l l R l r r L

A

R l r r L r l l R l r r L r l l

1

r L r l l R l r r L r l l R l r

2

r r L r l l R l r r L r l l R l

3

r l l R l r r L r l l R l r r L

